



CHINOOK HORSES

2023 ANNUAL REPORT





A Letter from our Director

I am sitting at my desk on this beautiful, unseasonably warm November Day and I am filled with gratitude. It feels like there are too many blessings to count. How lucky are we to show up in this hospitable weather to work with our furry facilitators and clients. Thanks to our beloved barn host, Tamara Lorenz, we have new equine facilitators joining our team. This fall we have another 8-week Leadership Development Program for teens from Youth Dynamics and one for 7–9-year-olds along with our weekly 1:1 sessions. Add to that, in September we hosted our third Annual Eagala Training and as a result we added 3 new Eagala certified Equine Specialist to facilitate in our program.

Chinook Horses has truly had a transformative year. We received a capacity building grant from The MJ Murdock Foundation to underwrite a fulltime Development Associate position. This was not an easy feat, and a special shout out needs to go to Adam Decker, our Treasurer, who navigated their arduous requests for financial information with tenacity and patience. Receiving this funding is a huge vote of confidence, not only for the importance of the work we do but the belief in the sustainability of our organization. Significant groundwork was laid from the beginning of our organization with the unwavering support of the Mary Alice Fortin Foundation and The Fortin Foundation of Florida and continues to do so. We received a programming grant from the Dennis and Phyllis Washington Foundation. This year we counted the Charles M. Bair Foundation among our significant supporters and an incredibly generous individual, Nancy Stanley. The culmination of this support sent a strong signal to MJ Murdock that what we do is of profound value to our community and there is a weighty need.

And at the core of it all is our individual supporters, YOU, who enable Chinook Horses to serve those in need and truly benefit from our services. I am going to close with a quote from one of our most ardent supporters, Linda Cladis, "I could not be more impressed by Chinook Horses' knowledge and compassion for children and animals, providing healthy connection to facilitate in healing from trauma. Some things just make sense".

As always, horse breaths and whinnies to you!



Abigail Hornik-Minckler

Abigail Hornik-Minckler
Founder and Director

WE PROVIDE EQUITABLE ACCESS TO EQUINE ASSISTED LEARNING AND THERAPY FOR INDIVIDUALS AND FAMILIES, DRIVEN BY PASSION, GUIDED BY INTEGRITY, AND COMMITTED TO CONSISTENCY

51%

of our budget went directly to providing services



127%

Increase in session revenue



717

Session hours completed



68%

Clients categorized as Low-income

76%

Of clients served were youth

25%

Of clients served were Native-American



75

Number of clients





Equine Facilitated 1:1 Therapy

Works with individuals on therapeutic goals such as increased self-esteem, managing anxiety, and depression.

Trauma Focused Cognitive Behavioral Therapy

Is done on an individual basis with those striving to overcome trauma.

Leadership Development

Provides an opportunity for neurodiverse & remote learning children to socialize in a safe environment while obtaining leadership skills. Sean Covey's 7 Habits of Highly Effective Kids is used with equine-assisted activities. It is facilitated by a former school counselor, equine specialist, and a herd of horses.

Natural Lifemanship

Is trauma-informed care that addresses relational challenges and development.

Substance Use Disorder Groups

Mostly for adults, therapeutic activities are focused on substance abuse recovery.

Social Thinking Group

Serving children with learning differences &/or trauma history who might otherwise not have social opportunities. It integrates the Eagala model with the Zones of Regulation & The Rules & Tools of Social Thinking curriculums. Evidence-based approaches are used to address learning, emotional, & social skills that are not acquired through typical office-setting or the classroom environment.



Impacting Lives Through Equine Connection



Horses are non-judgmental partners, creating a safe space for healing and an opportunity for good touch. Working with equines allows time to just be present and turn off alert/defense mechanisms.



"At home I've observed an increase in confidence to try new things and also increases conversation, hardly ever do I just get one-word answers or head shakes anymore."



Non verbal children have become verbal after 6 to 8 weeks of our Social Thinking Program



"My son is no longer having panic attacks, and doesn't need the medications that seemed like the only available solution before we found Chinook Horses."

"My daughter has done 2 programs and absorbed the information, had so much fun, and made friends. It was such a positive experience."



Horses are highly sensitive to body language, energy, and emotional states.



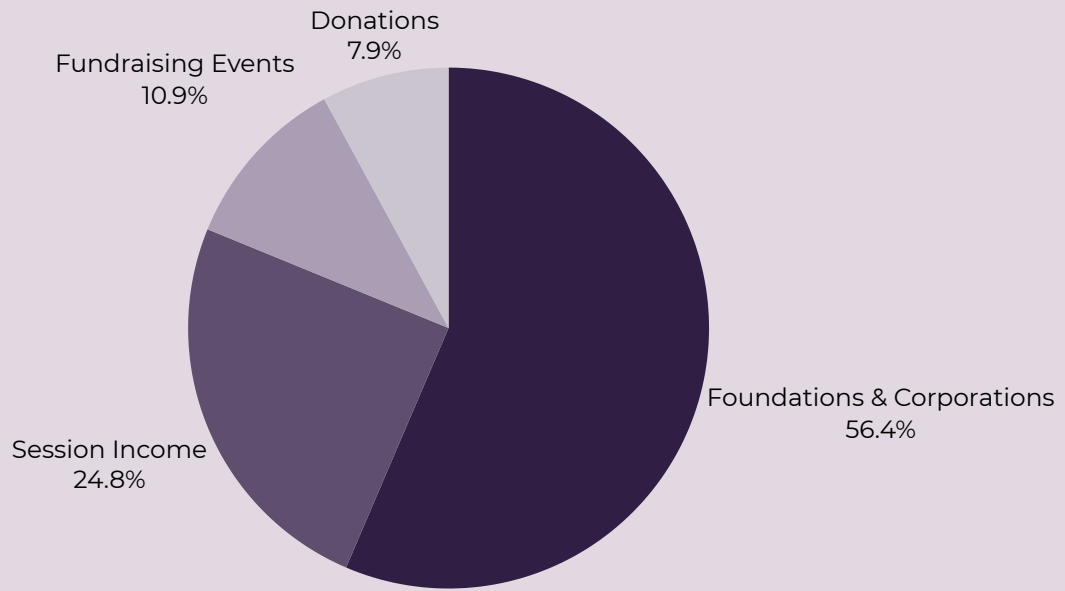
"He's learning skills like breathing and communication. He's back to wanting to walk, and to hugging. This is how I got my son back."



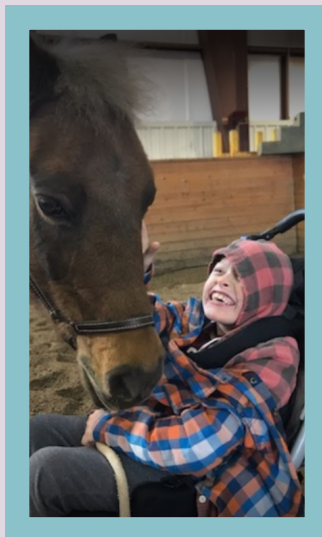
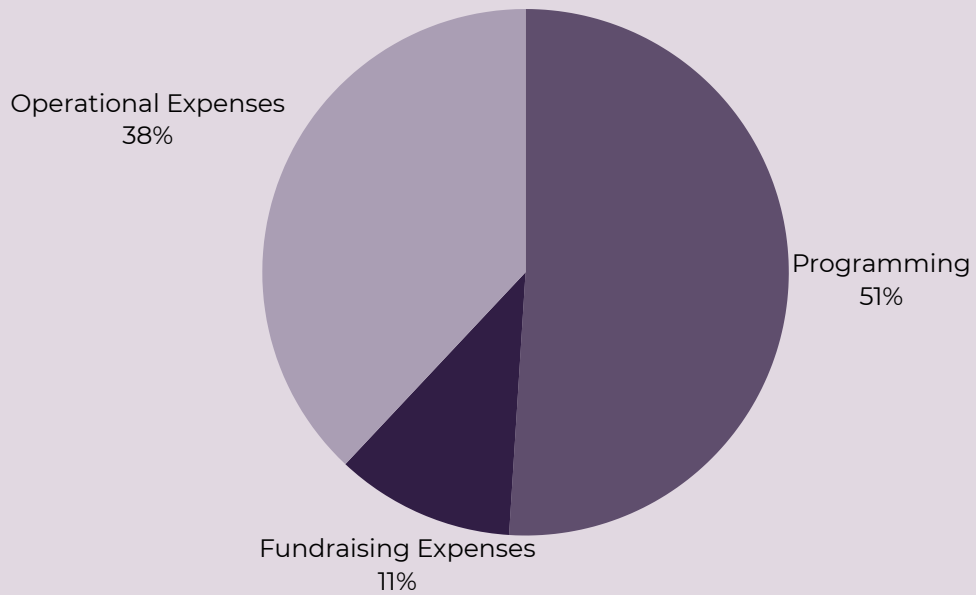
The presence of animals can help people achieve a sense of self-awareness while forming more supportive and inclusive human communities.

Of our clients that took the General Anxiety Disorder scale, they reported a decrease of anxiety ranging from 20% to as high of 87.5% after 10 weekly sessions.

Support & Revenue



Expenses



Our Leadership Team

Board Members



Maggie Sparboe
President



Martha Fuller
Vice President



Adam Decker
Treasurer



Neil Beyer
Board Member



Josh Hale
Board Member

Staff & Facilitators

Abigail Hornik-Minckler

Founder & Executive Director,
Eagala, Natural Lifemanship

Azlynn Shellman

Development Associate

Carolyn Yegen, M. Ed

Eagala and Natural Lifemanship

Kelly Melius

Specialized Education Professional, Eagala

Kyanne Wear, LCSW

Eagala and Natural Lifemanship

Shannon Hodge Shirley

Eagala and Natural Lifemanship

Stephanie Melmer, LCSW

Eagala and Natural Lifemanship



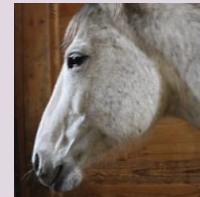
Indigo Moon
Spanish Mustang
with an attitude



Fawn
Palomino Pony
aka Surfer Girl



Schmoozle
Paint Pony



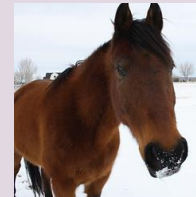
Vivi
Thoroughbred x
Andalusian



Bunny Baby
Paint Pony
alias Bully Baby



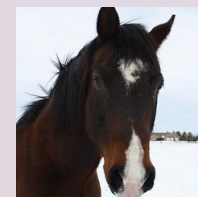
Sully and Jeb
Mini Donkeys



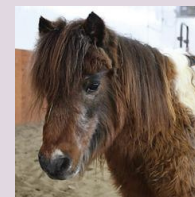
Mavis
Sassy Black Pony



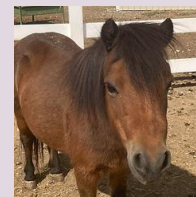
Bojangles
Quarter Horse



Joker
Quarter Horse



Lightning
Paint Pony



Honey
Pony



Arlo
Miniature Horse

Thank You to our Generous Donors

\$5,000+

Claudia & John Decker
Kevin Red Star
Nancy Stanley
Audrey Swanson

\$2,500+

Amy & Adam Decker
Susan & Cliff Edwards
Jennifer Eli Indreland
Rosalind & George Long
Abigail & Thomas Minckler
Judd Thompson

\$250+

Deborah Agnew
Manette & Tyler Bradford
Emily Brester
Norma & Gary Buchanan
Brook Hovland
Kimmi Muguira
Donna Pratt
Raeann Pugliano
Jennifer Reger
Adrienne & Jeffrey Reynolds
Victor Rios
Shannon & Woodrow Shirley
Corby Skinner

**Every gift made
to Chinook Horses
makes a profound
difference. On behalf of
the Board & Staff,
thank you for
supporting us in
our mission.**

\$1,000+

Greta & Barry Beringer
Michael Burke
Linda & Nick Cladis
Mayor Bill & Anne Cole
Martha Fuller
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Deborah Sonderman
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Carolyn & Charlie Yegen

\$100+

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Tim Sweeney
Walter Taschek
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Abbey Wink
Kathleen Benoit & Craige Whiteley
Anne & Peter Yegen

\$500+

Kris Carpenter
Kelly & Chris Edwards
Heather Estus & Chris Glasgow
Kerry and Jeff Gruizegna
Sara & Rich Lebow
Greta & Scott Murray
Abbey Sage

\$99 or less

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Mark Boerschinger
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Lisa Buckman
Debra Cochran
Robert Glasgow
Maria Gnecco
Monika Gomez
Mary & Kurt Grabow
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Edith Hornik
Deborah Kline
Megan Kreuscher
Melissa Kreuscher
Lynn & Alex Koebke
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Precious McKenzie
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Brenna Yegen
Corina Zackowski

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